

JANET ZAPPALA

JOURNALIST, AUTHOR, CERTIFIED NUTRITIONAL CONSULTANT

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EXPERIENCE INCLUDES:

CN8 The Comcast Network, Philadelphia, PA 2006-2008
Host/ All About You/ Consumer/ Health Program

WTXF Fox Philadelphia, PA 1998-2005
Anchor and live shot features/ breaking news reporter
Good Day Philadelphia

WCAU Philadelphia, PA 1993-1996
Anchor/ Reporter noon and 5 p.m. newscasts

KTTV Los Angeles, CA 1987-1993
Anchor syndicated news/ entertainment magazine program
Produced, wrote and anchored daily entertainment segment for nightly newscast

Authored Cookbook Titled: My Italian Kitchen (Home-Style Recipes Made Lighter and Healthier) due out in the spring of 2010

Guest Columnist for USA Today, Main Line Today Magazine, Philadelphia Daily News

EDUCATION:

Global College of Natural Medicine, Certified Nutritional Consultant 2008. Also certified by the American Association of Drugless Practitioners

Villanova University, Villanova PA/ Masters Liberal Studies

AWARDS:

- 6 Emmy's including Best Host, "In Training: What It Takes To Wear the Badge" 2009
- 13 Emmy nominations including Best Anchor, Philadelphia 2004
- Best Reporter, Philadelphia 1998
- Associated Press First Place Award 2003 "Unbridled Spirit"/Reporter
- Golden Mike Award/ Writer/ Producer/ Reporter/ "Man of a Thousand Voices" Mel Blanc Los Angeles 1991
- National Emmy Nomination for Documentary "What's Killing the Children?" Host, Los Angeles 1990

REFERENCES:

Mike Jerrick Host/ Anchor Good Day Philadelphia Fox News 29
Cell: 917-514-0856

Kathy Perez Director/ KTTV Fox Ten O'clock News Los Angeles, CA
Work: 310-584-2000/**Cell:** 818-371-8437

Sabrina Haskett Assignment Editor ESPN/**Cell:** 215-888-3907